

S.M.A.R.T.

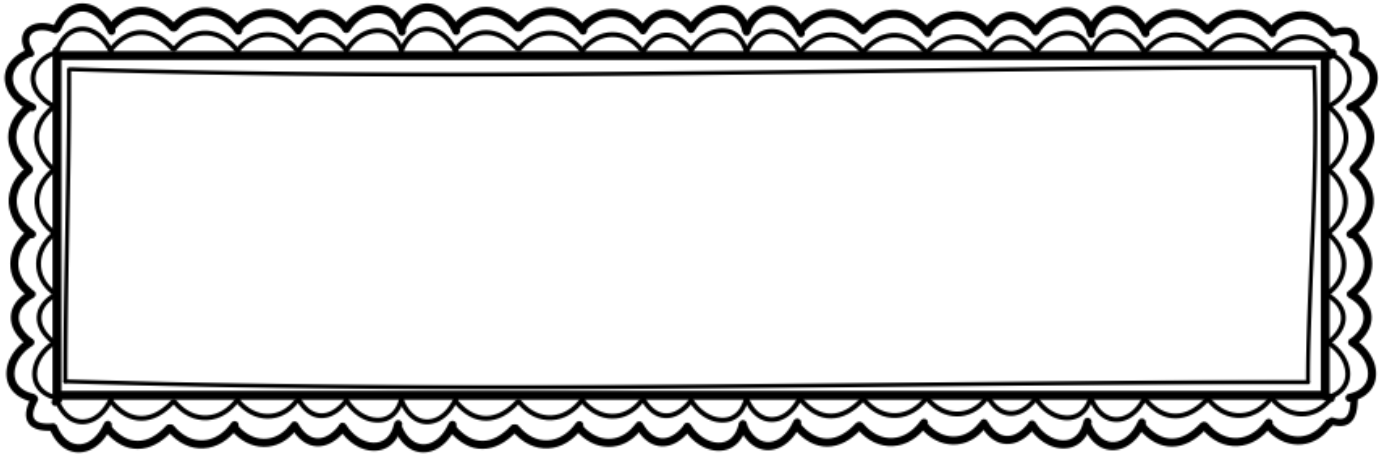
Goal Setting

- ☐ Specific
- ☐ Measurable
- ☐ Action-bound
- ☐ Realistic
- ☐ Time-bound

By Nancy Alvarez

Name: _____

My Goal



What do I need to do to reach my goal?

1. _____
2. _____
3. _____

I will reach my goal by _____
(date)

How will I know I reached my goal?

Progress check points:

_____ (date) _____ (date) _____ (date)

I reached my goal on _____.

Name: _____

My S.M.A.R.T Reading Goal

My reading goal:

What I need to do to reach my reading goal:

1. _____
2. _____

Progress Monitoring:



Color in the graph to show progress towards your goal. When you reach your goal write the date inside the star.

(date)	
(date)	
(date)	

Name: _____

My S.M.A.R.T Math Goal

My math goal:

What I need to do to reach my math goal:

1. _____
2. _____

Progress Monitoring:

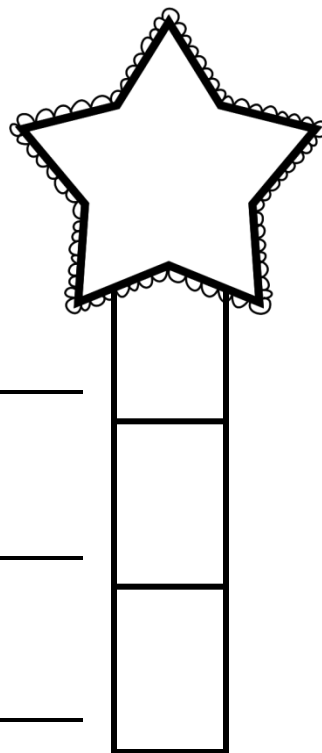
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Color in the graph to show progress towards your goal. When you reach your goal write the date inside the star.

(date)

(date)

(date)



Name: _____

My S.M.A.R.T. Goal

Steps I need to take to reach my goal:

1. _____

2. _____

3. _____

How will I measure my progress?

1. _____

2. _____

Progress monitoring check point dates:

I reached my goal on _____.

My reflection:

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I value your feedback.

- Nancy

